



NEWS



VALENTINE GREETINGS

The Present Hospital Set-up at a Glance

FLOORS

6 B (*Gyn—Private and Semi-private*)
Sister Collette.
Ruth Doyle '42.

5 (*Fem. Medicine*).
Private and Semi-private
Sister Mary Margaret.
Miss Orma Davidson '33.

4 A and B (*Private and Semi-private*).
Male Surgical
Sister M. Paschal.
Miss Mary Stanton '37.

3 A and B (*Private and Semi-private Workmen's Compensation*)
Sister M. Evangelista.
Mrs. Neva Harris '40.

2 B—*Urology*
Sister Marie Stella.
Miss Alice Hunter '41.

3 C—*Male Surgical Ward*
Sister St. Albert.
Mrs. Violet Millard '41.

4 C—*Female Surgical Ward*.
Miss Florence McElheran '42.
Miss Madelyn Schultz.

1 D—*Male Medical Ward*
Mrs. Grace Dale.
Miss Ann McNeil '41.

2 D—*Male Surgical Ward*
Miss Mary Alice Haughey '42.
Miss Eileen Morris '42.

3 D—*Female Medical Ward*
Miss K. Whelan, '33.
Miss Helen Cronin '41.

4 D—*Gynaecology Ward*
Miss Isabel Goodine '39.
Miss Louise Richardson '41.

4 F—*Obstetrics*

Semi-private
Mrs. Mary (Quinlan) Kahnert '32.
Miss Rita Lynch '41.

Leave of Absence for University
Sister Helen Marie.
Sister St. Nilus.

ADMINISTRATION

Sister Superior
Rev. Sister Mary of Nativity.

Superintendent
Rev. Sister Zephirenus.

Supervisor of Private Duty Nurses
Sister Melanie.

Superintendent of Nurses
Sister M. Kathleen.



TEACHING INSTRUCTRESS

Nursing Arts
Sister M. Jeanne.

Science
Helen Savage (U. of London).

Asst. Instructress Nursing Arts
Adele Johnson '35.

Public Health and Part Time Librarian
Margaret MacDonnell Neville '38.

Teaching Supervisor of Medical Nursing
Grace Murphy '28.

Teaching Supervisor of Obstetrical Nursing
Marcella Berger '26.

Teaching Supervisors of Surgical Nursing
Sister Jane Frances.
Clara Bast '41.

SPECIALTIES

Operating Room
Rev. Sister Angeline.
Miss Wilma Jones '41.

Emergency
Sister M. Florian.
Marie Meehan '38.

Cystoscopic
Miss Isabella Torguson '42.

Central Supply Room.
Miss Augustine Bourdon '26.

X-ray
Sister M. Carmella.
Miss Ethel Cave.
Miss Frances Brankin '43.

Out Patients' Dept.
Sister Albertine.
Sister DeSales.
Miss Lillian Healey (graduate of Royal Victoria, Montreal).

Dental
Sister M. Bernice.

Obstetrics
7 A B C Nursery, Delivery Room.

Supervisor
Rev. Sr. M. Vincentia.

Night Supervisor
Sister Marion.

Nursery
Miss M. Gibbons '29.
Miss M. Wall '42.

Delivery Room
A. Hickey '40.
7 B—Miss Mary Donohue '40.
7 C—Miss Helen Pickett '42.

THE NEWS

Published quarterly by the Alumnae Association
of the St. Michael's Hospital School of Nursing.

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ANOTHER YEAR is well under way! Christmas has come and gone—our fifth war-time Christmas! At the Hospital it was a festive event, the same spirit of the Christ Child in making others happy was unrationed. The chapel

was as beautiful as ever on this great feast, the foyer of the Main Entrance contained a large crib banked on both sides with illuminated trees. The Residence and the floors were decorated as always and the trays were a delight to the patients.

We send the greetings of the Alumnae to all our friends and members with the sincere wish that the year ahead may be a happy and profitable one. Since the beginning of the new year is a time for good resolutions, may we suggest that you include the support of the Scholarship Fund and attendance at the Alumnae meetings?

The Editors

**HAVE YOU SENT YOUR DONATION FOR THE
SCHOLARSHIP FUND YET?**

Just a word about our hard working reporter, Vera McMullen. Vera is recuperating from a recent operation, and while she can't have visitors we are sure she would love to have mail.

The following have made contributions to the Scholarship Fund in 1943:

Miss Clara Bast
Miss Anne Crede
Mrs. W. M. Hogan
Mrs. Heard
Miss Roselle Grogan
Mrs. Alice Romano
Mrs. J. D. McAuliffe
Nursing Sister M. McQuarrie
Miss Philomena O'Boyle
Miss Anne Cummins
Miss Bertha Ryan
Mrs. Robt. Lindsay
Mrs. H. J. Simmons
Miss Kathleen Welsh
Miss Stella La Jeunesse
Miss Doreen Murphy
Miss Esme Murphy
Miss Grace Murphy
Miss Margaret M. Murphy
Miss Kathleen Meagher
Miss Mary Brown
Mrs. Sue Hunt Paye

WHAT ABOUT A MUCH LONGER LIST FOR 1944?

We extend our best wishes for a speedy recovery to Col. A. Hagerman. Col. Hagerman is recuperating at Chorley Park after a recent operation.

Best wishes are extended to Rev. Sister Melanie for a speedy recovery. Sister is recuperating from a recent operation.

ALUMNAE

THE quarterly meeting of the Alumnae was held November 3, in St. Michael's Nurses' Residence, Miss Doreen Murphy presiding. The meeting was well attended. Dr. Kenneth Heard was the guest speaker, choosing "Recent Advances in Anaesthesia" as his subject. Dr. Heard also demonstrated the value and uses of the new Mayo oxygen machine.

The minutes of the June meeting were read and adopted. The Treasurer's report was read and adopted. The following is a resume of the various topics discussed:

PRIVATE DUTY—Miss Ethel Crocker presented her report covering the two special meetings called for the private duty section.

NURSING EDUCATION—In the absence of Miss Grace Murphy, Miss Clara Bast presented her very comprehensive report. She announced that the R.N.A.O., Dist. 5, would sponsor a series of lectures as formerly, the dates to be announced later.

CENTRAL REGISTRY—Miss Mary Brown gave this report. Miss Florence Hinds was appointed as 2nd Representative, no alternative representative was appointed.

ALUMNAE DUES—A motion was passed that those who so desired might pay additional dues for absent fees—with special reference to those in the services.

CHRISTMAS BOXES—Christmas boxes are to be sent to those members in good standing on active service. Mrs. H. Martin (Velma Brown '28) was to convene this. It was with regret that Ruby Price, who has always done such a splendid job every Xmas for the girls in the services, announced that due to illness at home she was unable to continue.

UNITED WELFARE FUND—The usual donation was given in aid of this worthy cause—this year the Charity Organizations have united under the one organization.

ALUMNAE NEWS—It was agreed that a separate fund be established and maintained for the News.

DOOR PRIZE—It was decided to re-establish the practice of giving an attendance prize—this time, to take the form of a War Savings Certificate.

R.N.A.O.—The meeting of District No. 5 was announced—a plea made for increased membership.



Mrs. H. Harrington (Jean George '33) was a recent visitor to Toronto. Jean's husband is with the United States Navy "somewhere in the south-west Pacific."

Harriet Naylor '39 and Dorothy Baird '38 have left T.C.A. and are doing private duty.

Congratulations to Dr. Herbert J. Sullivan who was one of four Canadians to receive the highest degree in surgery in Canada, the F.R.C.S. (C.) at Ottawa, on Oct. 30th. Dr. Sullivan was at St. Michael's in 1941.

Mary Flavin '41 has joined the staff of the King Edward VII Hospital in Hamilton, Bermuda.

ALUMNAE DANCE



A VERY enjoyable dance was held at Columbus Hall, Friday, Jan. 14, 1944, by the Nurses' Alumnae. Leo Romanelli's orchestra played, and those attending more than demonstrated their appreciation of his selections, by flocking to the dance floor, and their encores.

Among those present were: Dr. and Mrs. George E. Wilson, Dr. and Mrs. W. Magner, Dr. and Mrs. H. Armstrong, Dr. and Mrs. E. Brooks, Dr. and Mrs. A. Anglin, Dr. and Mrs. H. Steele, Mr. and Mrs. M. O'Sullivan, etc.

The sentiment of the crowd was expressed by their many requests for another dance in the very near future. Many thanks to Miss Helen Pickett, the convener, for the glowing results of her efforts.



Lucretia Kruger '38 has been appointed to the staff of Christie Street Hospital.

Audrey Gendron '26 is now doing private duty.

Louise Montgomery '15 has been appointed permanent night supervisor at Christie Street Hospital.

At the Annual meeting of the Canadian Association Medical Record Librarians held on Oct. 21st, Reta Redmond '36 was elected President, and Sister Mary Paul of St. Michael's, 1st Vice-President. Congratulations, Reta! Reta is now at Victoria Memorial Hospital, London, Ontario.



Mrs. Calarco (Beryl Black '39) has left for Montreal, to join her husband, Capt. Calarco.

Marjorie Thompson '39 was entertained at a dinner at the Diet Kitchen by her friends and classmates, previous to her marriage. Among those present were Kay McGinn, Margaret McDonnell Neville, Lillian Healy, Marie Meehan and Margaret McGarrell.



Mrs. Vincent Gallagher (Edith Rissle '26) is now a Supervisor at the Cedars of Lebanon Hospital, Hollywood, California. Edith has a son of fourteen years attending St. John's Military Academy there.

Greta McLean '42 has accepted an appointment at the Halifax Infirmary.

~ WEDDINGS ~

WARREN-MITCHELL. On October 16, 1943, Jean Allan Mitchell to Flight-Lieut. Carmi Warren.

COMARTIN-

COURTEMANCHE. In St. Leo's Church, Mimico, Ont., Helen Courtemanche '42 to Lieutenant W. H. Comartin, C.A.C., November 13, 1943.

McKINNON-THOMPSON. On November 22, 1943, in St. Michael's Cathedral, Toronto, Ontario, Marjorie Mary Thompson '39 to John Alexander McKinnon. Rev. Father Battle officiated. Marie Meehan '38 was bridesmaid.

WILLIAMS-WHITE. In Toronto, May 1, 1943, Mary Olive White '30 to Russell Alexander Williams.

DOYLE-COOK. On November 6th, 1943, in St. Basil's Church, Toronto, Catherine Cook '29 to Michael J. Doyle.

McCLOSKEY-LINTON. At a candlelight service in St. Mary Magdalene Anglican Church, Toronto, Ont., Marjorie Edith Linton '42 to Sergt. Lawrence Robert McCloskey, R.C.A.F., on Saturday, November 27th, 1943. The Rev. L. I. Greene officiated.

DIXON-HOWORTH. In Blessed Sacrament Church, Toronto, on November 27th, 1943, Barbara Pauline Howorth '43 to Lieut. Thomas P. Dixon, R.C.A.M.C. Rev. Father Callaghan performed the ceremony.

HUSSON-CLARKE. On December 29th, 1943, at Holy Family Church, Toronto, Ont., Teresa Clarke '37 to Wm. Husson, R.C.N.V.R. They will reside in Charlottetown, P.E.I.

ROSSITTER-LEE. On September 29th, in Toronto, by Rev. Father W. P. Heydon, Margaret Joan Lee '35 to Capt. Fergus P. Rossitter, R.C.A.M.C.

THOMPSON-O'HAGAN. In St. Cecelia's Church, Toronto, December 27th, 1943, Claire Elizabeth O'Hagan '36 to Capt. Joseph G. Thompson, R.C.C.S. Rev. Father Shook officiated. Isabelle Ennis '38 attended the bride. They will live in Ottawa.

QUINLAN-ROCHE. In Newman Chapel, Toronto, December 11th, Marie Roche '43 to Lieut. John J. Quinlan, R.C.A.M.C.

MacLEAN-FORGIE. On January 8th, at Timothy Eaton Memorial Church, by Rev. Dr. David McLennan, Dr. Margaret Jean Forgie to Dr. John Angus MacLean.

Undergraduate Activities

THE Annual School Dance was held in the Residence on Dec. 3rd. Miss Kathleen Pecore convened the dance with Miss Rose Stanfield in charge of decorations. To them much of the success of the evening is due. Mr. and Mrs. W. J. O'Neil were patrons.

The Hallowe'en party was a great success. The preliminary students entertained with a very, light operetta "Hamlet" which proved very amusing.

Mrs. J. Neville is doing a splendid piece of work in building up the Residence Library. We now have a very good selection of books and the students are really taking advantage of them.

The undergraduates held a Bingo in the Residence on Nov. 11th. The proceeds were much greater than anticipated which made everyone happy. With these we were able to send Christmas gifts to thirty-five of our nurses overseas or on active service, and we are also re-decorating the Recreation Room.

The slate of officers for the Sodality for the year 1943-44 is as follows:

Prefect—Miss Norma Weiler '44.

Vice-Prefect—Miss Theresa Joinette '44.

Secretary—Miss Dorothy Bergin '45.

Treasurer—Miss Kathleen Moffet '44.

Director—Rev. Father Mogan.

Moderator—Rev. Sister Mary Kathleen.

The guest speaker at our most recent Sodality meeting was Rev. Father Sharkey from St. Francis Xavier Seminary. Father Sharkey is famous for his lovely poetry and entertained us with stories of China as well as performing "magic tricks". Father was kind enough to give us several copies of his poetry for our library, which we value very much.

Christmas would not be Christmas at St. Michael's without the presentation of the Nativity play. The preliminary students put much time and effort into the presentation of "The Nativity Story", which was well received by all.

The Christmas party for the employee's children was very successful and the results were worth all the effort put into it.

Congratulations to the preliminary students who received their hard earned "caps" . . . a real Christmas gift. Congratulations are in order also for the seniors who are now happily displaying those long coveted "black bands".

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IN MEMORIAM

MARIE MADDEN

Suddenly, at St. Michael's Hospital, on Wednesday, December 8th, 1943, Marie Madden of the class of 1924. Requiem Mass was said at St. Joan of Arc Church. Interment was in Mount Hope Cemetery. Marie will be sadly missed by her many friends and we extend our sincere sympathy to her family in their loss.

DR. JOHN G. MICKLER

It is with real regret that we record the death of Dr. John G. Mickler. Dr. Mickler interned at St. Michael's in 1942 where he made a host of friends. His fortitude was an example to all who had contacts with him, and his death interrupted a brilliant career. We extend our sympathy to his family and friends in their very real loss.

SQUADRON LEADER J. GRANT MacKENZIE

We extend our sincere sympathy to Mrs. G. MacKenzie and baby daughter. Squadron Leader MacKenzie was killed on active duty as the result of an accident while making a flight in checking his findings in research on aviation medicine. Dr. MacKenzie interned at St. Michael's from 1936-38. In 1941 he graduated from Columbia University with the degree of doctor of medical science. His loss is a keen one to all interested in the field of Otolaryngology. His untimely death is deeply regretted by his many friends and associates.

We Extend Our Sympathy to :

Sister Paschal whose brother died recently.

Sister St. Albert in the recent loss of her mother.

Sister Emerentia in the loss of her brother.

Marie Evers '42 in the loss of her mother.

Mrs. J. Conway (Molly O'Brien '15) whose mother died recently.

Madeliene Gibbons '29 in the loss of her mother.

Margaret Moylea '30 in the loss of her brother.

Margaret Snell '36 in the loss of her mother.

Mrs. H. G. Sunnons (Helen O'Farrell '16) in the recent loss of her mother.

Mrs. J. Granery (Marie Fenn '25) and Rev. Sister Vianney '36 in the loss of their mother.

Dr. and Mrs. Larry Stubensey in the loss of their little son, Bernard Francis.

Sister St. Edmund in the loss of her brothers.

Anne Crede '23 in the loss of her mother.



Miss Elizabeth Regan has been a recent visitor here from San Jose, California. Miss Regan has been engaged in private duty there and enjoyed visiting old friends here and was welcomed warmly at the recent Alumnae meeting.

Tribute to the late Dr. W. L. King

In the tragic but noble death of Surgeon-Lieutenant William Lyon MacKenzie King is again seen the Mighty Hand of God and we bow in reverence to it. However, we who are left, would like to pay a most sincere tribute to this man who passed through our midst as one of our finest Resident Surgeons, and one of the most well-liked men in our ever-changing hospital family.

To hear of the untimely death of a surgeon embarking on such a brilliant career as Dr. King would have undoubtedly entertained, is a blow not easily received; but truly softened by the attributes of his voluntary act of offering his life for his country, which every naval surgeon does when he enlists for destroyer duty on the high seas. Not basically a naval man, but a surgeon, he is nevertheless incensed with their traditionally high ideals, upon which the safety of the Kingdom chiefly depends, and dies gloriously with them—defending—if they are called to pay the price. In this, Dr. King only again proved to us how very real is human nature, how fine his ideals, how unscathed his reputation, how stalwart his character.

We, as the personnel of a large hospital, are proud to have known and worked with Bill King. In his noble death is mirrored his equally noble way of life. Every day one could learn from him to be more gentle, considerate, and kind. What greater assets could one desire than these alone?

Your loss is deeply felt, but life will go on, Dr. King. It has to . . . mainly to fulfill that for which you died; but ever in the corner of our hearts will be the memory of your heroism, and that of all our brave doctors, and out of the fire of this memory will come victory . . . that victory for which you have made the supreme sacrifice.

Our most heartfelt sympathy is extended to Dr. King's wife and children. To these children, whom he loved so much and of whom he was so proud—our future generation . . . may we say that he died to help make this world a better place for you in which to live. You are bequeathed this safety. Guard it and protect it from harm in future years. It is very precious. May you come to know and realize his worth, and know also, that, in addition to his brilliance, he was to us and all, just as he was to the men on his ship . . . the greatest compliment that can be paid from one man to another . . . "one of the boys, and a swell fellow".

(The above tribute to Dr. King was sent to the Editors with the request that it be published.)

ASHLEY & CRIPPEN

PHOTOGRAPHS

196 BLOOR ST. WEST.



Lt. Reta Hetherman Walsh of U.S. A.N.C. was a recent visitor here on furlough.

N.S. Florence O'Shaughnessy '34 has been added to the strength of Chorley Park.

N.S. Audrey Metzler '37 and N.S. Peg Dagleish '39 have just returned from their most recent expedition on the hospital ship "Lady Nelson"—having touched at Algiers, Oran and Gibraltar. In England they saw N.S. Kay Zeagman '34 and N.S. Barbara Grant '32 and visited Hampton Court, famous as the summer home of Henry VIII. Peg visited with N.S. Betty Herring '39 now stationed at No. 8 Canadian General Hospital, and Audrey contacted her brother, Squadron Leader Bill Metzler. Audrey and Peg have completed their journeyings with the Lady Nelson and are stationed at Chorley Park.



N.S. Helen Sexton is now stationed at No. 1 Manning Depot, R.C.A.F., Toronto.

Congratulations to Matron Florence Roach '31 on her promotion.

N.S. Jeanette Dube '39 is attached to No. 8 General Hospital, Overseas.

Congratulations to Acting Surg. Lt.-Commander Alexander George Smith on his recent promotion.

Lt. Mary Kennedy '40, a member of U.S. Air Force Nursing Corps, is stationed at Madison, Wisconsin.

N.S. Jean Kruger, R.C.N., formerly on Physiotherapy Staff here, is now stationed at H.M.C.S. Proticlor, Sydney, N.S.

N.S. Dorothy Tegler '40 has been added to the strength of Chorley Park.

N.S. Mary Watson '41 is stationed at the R.C.A.F. Technical School, St. Thomas, Ontario.



"The News" was the recipient of Xmas greetings from Margaret Robertson '31. Marg is now with No. 18 Canadian General Hospital Overseas.

Flight-Lieut. Philip Doyle has arrived safely overseas.

Congratulations to N.S. A. Cooney '30 and N.S. K. McGowan '33 on their rescue after the aerial torpedoing and bombing in the Mediterranean of the ship carrying them and Canadian soldiers to that theatre of war. The news of their safety was received with rejoicing at St. Michael's and the tales of heroism and pluck displayed by all the Nursing Sisters equals any that so far have come out of the war.

ENGLAND

Lt.-Col. H. Hethrington,
No. 18 Canadian General Hospital,
R.C.A.M.C., Can. Army Overseas.

Dear Sister Superior:

I did not know who was responsible for sending me the Alumnae Quarterly, so I thought best to thank you, for you can pass on my appreciation to the proper people.

It has been a time since I last wrote and a lot has happened to me and others meanwhile. I was very interested to read Marie Pilon's letter in the News. I have seen her on several occasions, looking very well. Every where I go over here I keep running into sisters and doctors who have graduated from St. Mike's. It makes it very pleasant. I must confess however, that some of the younger ones are unknown to me. That's a confession of age I guess. I can't tell you how many sisters there are in the various hospitals, but at nearly every one I meet them. Helen Monkhouse, whose mother was a nurse at St. Mike's, is home sister at one of the hospitals. Miss McGuigan is a dietitian here and what a cook!

I've been moving about the country a lot, at various hospitals. Most of my time was spent at Cliveden with a unit from Winnipeg. They left me behind when they went overseas. The estate and hospital are both beautiful. I'm living at Lady Astor's house in a huge room hung with Chinese prints—a lovely spot, but difficult to keep warm with a single fireplace. I enjoy the walk of about a mile to the hospital. I enjoy it all very much but I'd trade it all for 1 or 3D and be able to go home to my family in the evening. Regards to all my friends.

Sincerely,

HAGAR HETHRINGTON.

Recent news from N.S. Helen Hyland '25 states that she is with the 12th Canadian General Hospital Overseas and is situated near London. She has visited the City many times and likes it very much. She saw N.S. Lily Clegg '32 not long ago.



Miss Elizabeth Foley '43 has joined the staff of St. Elizabeth Visiting Nurses.

Margaret Snell '36 was a recent visitor here from New York City.

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News from Overseas



ENGLAND

It was certainly good to hear from home and to receive the News. I found it quite newsy and was very interested in the changes at St Mike's. I was talking to Isabel Rowland and Marj. Bird last night and they are quite busy and liking it very much. This is certainly a grand country, I haven't seen as much of it as I should have, but time goes so quickly. We do try to get around to different spots on our day off but once in awhile it is nice to stay home. Bought myself a bike but still haven't mastered the art of riding—however, the day will come. I saw Bea Curtis and Lily Clegg a few weeks ago, they were attending a lecture we had here. My best wishes to you all for Christmas and the New Year.

CLAIRE ASHLEE '35,

No. 13 Canadian General Hospital, R.C.A.M.C.,
Canadian Army Overseas.

Many thanks for my beautiful locket which I received just before I left Sussex—I am quite thrilled with it.

We had a very pleasant, uneventful trip over. We had a long, tedious train journey to our first destination. We have been one month in our own hospital—our set-up is excellent, our quarters are steam heated and quite comfortable. The hospital itself is modern and well-equipped. I was surprised to find everything so modern—I had expected to more or less "rough" it. At present I'm working in the O.R. and C.S.R. and like it very much.

I've seen Margaret Robertson, Claire Ashlee, and Kay Zeagman. They are well and happy. Like the rest of us they like England more every day. Hoping you all have a Merry Christmas and a Happy New Year.

ALICE McCABE '39

No. 12 Canadian General Hospital.

"SOMEWHERE IN ITALY"

I will try and bring you up to date with my doings. I was in several Army Camps in the States and finally went overseas. We stayed for about six weeks in Casablanca. It was pretty rough there. We lived in tents and bathed out of our helmets and became acquainted with a lot of different species of insects. Then we moved to Oran and were there for about six weeks. We lived under the same conditions but we had a beautiful beach and wonderful weather. I acquired a beautiful tan while there. Then we moved to Italy and really started to work. We have a nice building here for our hospital and plumbing is being installed. We have many cases from the front lines and the boys are swell, it's a pleasure to be able to do something for them. Mary and Reta McKenna are with us, also Marg. Conlin, so we four represent St. Mike's in this outfit.

We are getting along fine and enjoying our experiences. I will write a longer letter the next time, in the meantime, thanks heaps for "The News", it sure was appreciated by us all.

Sincerely,

ELSIE COCHRANE '36,

17th General Hospital, A.P.O., No. 782,
c/o Postmaster, New York, N.Y.

NORTH AFRICA

From: 15th General Hospital, R.C.A.M.C., Canadian Army Overseas, B.N.A.F.

We have been here almost two months now, and it has been very enlightening. We had a pleasant sea voyage, and I discovered that the Mediterranean really is blue. Just now I am on night duty and find it very difficult to sleep during the heat of the day, however, it is only for two weeks.

Our hospital and quarters consists entirely of tents. Each ward has three sections, and a total of seventy-five beds. A smaller section at the end, but in the centre, is the office. It serves as linen room, medicine cupboard, kitchen and utility room, each having its own corner. It may seem very primitive, but it is amazing how we manage. Of course a civilian hospital would appear as a castle to us now. In our quarters there are two of us to a tent. We have our camp beds, camp chairs, and trunks along with other equipment. We have two washrooms, small affairs, the walls which are straw mats fastened together, and the ceiling, the sky. Sponge bathing was our favorite pastime, but recently, a real white enamelled tub has been installed, into which water runs through a hose fastened to a tap. There is a shower in the other washroom. We have our tents fixed rather comfortably, as we have been able to buy straw mats in some of the local towns. There are also prettily colored raffia trays and baskets.

Our blue uniforms are packed away in our trunks, and we are all in khaki. We wear skirts and shirts with the sleeves rolled, and khaki veils on duty. On nights, we wear our heavy slacks and jackets, with boots and anklets. When we go out, we wear the skirt and blouse during the day with a khaki beret, and at night, it is necessary to wear slacks and long sleeves. I might add that we are fully accustomed to sleeping in mosquito nets.

Our favorite relaxation is swimming in the Mediterranean and picnics. It is also interesting seeing the towns. There are many, many Arabs, but the majority of them are so ragged that one wonders how they live. We see them riding on donkeys, squatting at corners selling fruit, and sleeping in packs on the sidewalks, in fact, anywhere.

I could write on and on, but paper weighs something—my best wishes to you all.

Sincerely,

MARJORIE MCQUARRIE.

ITALY

My mail is finally catching up with me—my it was good to hear from home. Since I last wrote you we have taken another trip and can now be found "somewhere in Italy". This is a beautiful country—so far we have not been allowed out of the area, so haven't had much chance to see more than the countryside, but will tell you all about it when we do.

We landed safely and our set-up is quite nice, once we got organized. At present we are living in a beautiful marble building—this is very temporary and as soon as our equipment comes we are going to work. It is part of an Italian hospital, the Sisters of Mercy live on the top storey and we have been able to go to Mass in the a.m. and again at 4 p.m.

MARGARET CONLIN.

THE UNDERGRADUATE NURSE AS A HEALTH TEACHER IN THE CLINIC

THE following article prepared by Rev. Sister Albertine, was published in the January, 1942, issue of Hospital Progress Magazine. It gives one an insight into the concentrated piece of teaching taking place in the Out-Patient Department. St. Michael's has the largest Out-Patient attendance in the city and due to Sister Albertine's personal interest in each student and patient, it has, if possible, gained in popularity. The undergraduate nurses look forward to their term in Out-Patients'.

We hope at a later date to have Sister outline the work of the clinic and tell us of the various features of the work there, including, the Father's Club, discontinued for the duration.

IN THE CONSIDERATION OF HEALTH TEACHING as an integral part of the patient, we are faced immediately with the fact that this phase of nursing cannot be regarded as an isolated feature. Rather it is bound up very intimately with all the patient's relationships, physical, mental, spiritual, social and economic.

These observations are not confined to the actual routine health teaching that is given daily in the clinic, but are directed toward the focusing of our attention upon the splendid opportunity that is afforded the supervisor or head nurse to stimulate the undergraduate nurse toward a recognition and an appreciation of the need, the opportune time, and the value of health teaching.

It is important that the nurse is given early in her basic course the proper perspective with regard to health teaching. She should see it in its proper setting and be taught how it can be imparted coincidentally with the carrying out of nursing procedures.

Previous to her experience in the out-patient department, the nurse has had some contact with the community. She has spent one week with the hospital health service, and is now looking forward to fresh contacts with the community.

If learning takes place when the need is felt, then it would seem that the term of the nurse's experience spent in the out-patient department is an opportune time to give some well integrated instructions and guidance in health teaching. We find that the nurse is eager for it at this stage of her development. She is anxious to impart it to the patient who in turn has a desire for it since he is experiencing need. We do not think, however, that the patient attending a clinic necessarily requires more health teaching than the patient found in the higher income group. What the nurse finds regularly when trying to work out a plan that will make her health teaching practical are problems which the patient feels he is unable to solve unassisted. It is this type of work that challenges the undergraduate nurse and gives her a splendid opportunity to apply her knowledge.

The nurse realizes that she uses a different approach to meet her patient. She finds that he is still within the family circle and that he is an active member of his community. On the assumption that every patient attending a clinic must necessarily have a problem, it will be a test of the nurse's skill to recognize this problem, to ascertain the underlying cause, and by working through the proper channels, ultimately find the solution. Because health teaching enters into every phase of human life, the nurse must have a very comprehensive knowledge of her subject and its related subjects. She must reach out into neighboring fields, and from authentic sources secure the information pertinent to her problem. It is essential that the nurse know her community, the function of its various resources, and how these are made available to her patient. Above all the nurse must know her patient from a psychological standpoint as well as physiologically. She must have an intimate knowledge of his social and economic status, his accepted standard of living, his physical and mental ability and his ambitions. Only after the nurse has acquired these two types of knowledge is she prepared to give adequate health teaching. Teaching, although frequently informal or incidental, must not be haphazard. To be effective it must be true, terse, and timely. The nurse will give this health teaching under the guidance of a well prepared supervisor or head nurse.

In our approach to the practical application of health teaching, we find that two methods are commonly used: the informal method and the formal method.

In informal or incidental teaching, the nurse seizes the opportunity as it presents itself. There is much to be said in favor of this method, because it is generally well accepted

by the patient. On the part of the nurse, it requires a keen mind and preparedness. Because of the possibility of the patient not keeping a future appointment the nurse may not be able to recover a lost opportunity. The nurse must be prepared because there is no time for her to have recourse to a textbook or to some other source of information.

In the formal teaching, a detailed programme is arranged. This relates to the lesson content, time for teaching, and the selection of patients. In this phase of instruction, time is usually reserved for questions and discussion. This proves beneficial to the nurse as well as the patient, because through these discussions the nurse obtains a better insight into the patient's problems. It makes her more community conscious and gives her an awareness of the necessity of making a home application in all her teaching. It is in making this home application that the nurse derives benefit from her home visiting in the community.

Demonstration is an effective method of teaching. It has certain limitations, particularly with regard to the time factor, both in preparation and presentation. Adequate space for demonstrating and storage of equipment is frequently limited. With skillful effort these handicaps can be minimized and the energy expended will be well repaid by the results obtained.

Literature and printed instructions are good supplements to formal and informal teaching. Printed instructions should be carefully explained to the patient. Literature should be in a practical form and the important points vividly presented. These find a definite place in health teaching, for, "the printed word stands".

Posters have distinct educational value. These should be attractive and arresting and they should convey a story. Unfortunately they are expensive, and they require replacing at fairly frequent intervals, otherwise, they become antiquated.

In the classification of patients for health teaching, the nurse is tempted to consider the group attending a chest, diabetic or any specialized clinic where definite teaching is a part of the clinic routine. What the nurse must avoid is the concentration of her attention on the particular subject to be taught rather than on the patient in his totality.

A suggested basis for classification might be the new patient admitted to the clinic, the patient preparing to enter the hospital, and the patient returning to the clinic for follow-up after hospitalization.

Health teaching should commence as soon as the patient has been accepted in the clinic. It follows that the teaching in the beginning will be informal. When the doctor has made the diagnosis and recommendations, the teaching may take on a formal character. The patient may be referred to one of the regular classes. It must be remembered however, when we are considering patients, group teaching can never entirely replace individual instruction.

When the patient is preparing to enter the hospital, this is an ideal time for the nurse to do a particularly good piece of work. If she will try to place herself in the patient's position, she will readily appreciate how beneficial is her assistance. In order that the patient may make the most satisfactory recovery in the shortest possible hospital stay, it is necessary that he be well prepared for it. All home problems covering his time in the hospital and during his convalescent period should be satisfactorily settled before his admission. In her health teaching the nurse must not forget to study her patient in relation to his family group. She should consider how this illness is going to affect the family emotionally as well as economically.

A patient returning to the clinic for follow-up after hospitalization sometimes requires a great deal of health teaching. In some instances the patient sometimes finds himself confronted with a whole series of new problems, because of the necessary adjustments that he is forced to make in his manner of living. He may become discouraged. This type of patient requires the best health teaching that the nurse can give. She must keep up her own enthusiasm and inspire the patient with confidence and thereby bridge over his period of convalescence. The nurse who is endeavoring to improve her health teaching will pause periodically and check her results. It is at follow-up clinic particularly, that a nurse can gauge fairly well how much the patient has learned. She can see how much of her health teaching has borne fruit.

The undergraduate nurse of to-day will soon be the graduate nurse of health teaching, working in the hospital or in the community. The out-patient department in its unique position of linking these two together has much to offer and at the same time has a definite responsibility toward the preparation of the nurse for this phase of her work. The nurse who has developed facility in health teaching will give a better nursing service, considered in its preventive, constructive and curative aspects. She will be an asset to her community and indeed to the nation.

Ethyl Chloride Treatment of Sprains

Interest in this procedure developed from investigation of effects of cold on tissues, the ice amputation, ice coagulation in wounds, etc. It was first done at Camp Borden where some thirty cases were treated. The cases chosen were those of sprain only, with no bony abnormalities, and were mostly ankles, with some shoulders, wrists and backs.

TECHNIQUE

Ordinary Ethyl chloride spray was used and the most painful area as indicated by the patient was sprayed until a uniform whiteness is obtained, indicating the superficial layers are frozen. The patient then walks or uses the part and usually much to his surprise all the acute pain is gone. He will usually indicate a further painful area, but this is always away from that part already sprayed. Several such areas may need to be sprayed. A little vaseline is applied over the frozen areas. The patient is then instructed to use the injured part thoroughly for the next two or three hours. (This must be emphasized, as if this is not done the method will fail). They are to return if there is pain the next day when the area may again be sprayed.

EXPLANATION

The success of this method lies in the period of active muscular activity which speeds the absorption and removal of the post traumatic oedema in the injured area. The persistence of pain is due apparently to the pressure on the pain appreciation endings and most of it is referred to the cutaneous and subcutaneous skin areas involved. The Ethyl chloride anaesthesia is transient, but since this works so well the effect on the pain appreciation endings lasts for much longer than previously realized. Similarly, much more of our pain appreciation must be superficial or referred superficially than was before realized.

R.N.A.O.

THE FALL MEETING of District 5 was held Nov. 24th at Y.W.C.A., 28 McGill St., Toronto. The meeting was held in sections as follows:

PUBLIC HEALTH SECTION—Speaker: Major J. A. Leroux, Director of the Division of Venereal Disease Control for Ontario. Subject: "Venereal Disease Control in Ontario." This meeting was well attended and proved very instructive. Miss K. McAuley outlined the programme of the Industrial Nurses for the coming year.

GENERAL NURSING SECTION—Speaker: Mr. E. G. Osborne, Inspector of Income Tax. Here questions submitted previously by members to Miss Mary Hughes were answered. It proved of value to private duty nurses.

HOSPITAL AND SCHOOL OF NURSING SECTION—Joint Meeting of Committee on Instruction and H. and S. Section. The purposes of this section were outlined along with a history of its beginnings. A new project has been undertaken by the Instructors Group—namely, the reviewing of text books with the object of offering them as reference guides for students.

Later at a general session, Miss Dorothy Fox was guest speaker, choosing as her subject, "Nursing in War-Time China".

ENGAGEMENTS

Dorothy Baird '38 to Robt. Burke. Wedding to take place in January.

Rita Lortie '41 to Dr. George Culnan, R.C.A.M.C. Marriage to take place in St. John's Chapel, St. Michael's Cathedral, February 5th, 1944.

Ruth Rodgers '43 to Lieut. Murray Reingold.

Only a few of the cases treated have had to return for further spraying. About one hundred and fifty cases in all have now been treated at St. Michael's Hospital.

J. BATEMAN, R.C.A.M.C.,
Resident Surgeon,
St. Michael's Hospital.



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BIRTHS.

At St. Michael's Hospital, Friday, October 20th, 1943, to Dr. and Mrs. J. J. Andrachuk, a son.

Pte. John J. Roche (overseas) and Mrs. Roche (Judy Dillon '36), announce the arrival of their daughter, at St. Michael's Hospital, Tuesday, October 12, 1943.

At Victoria Hospital London, Ont., on November 10th, 1943, to Mr. and Mrs. Allan R. Parker (Leaneore Fitton '36), a daughter, "Andrea May", a little sister for Robert.

On September 15th, at St. Michael's Hospital, Toronto, to Capt. and Mrs. D. B. MacLaren, a son, "George Peter".

"Nancy Sue" is the name of the little daughter of Mr. and Mrs. G. Snell (Jean Parkin '29) born at St. Michael's Hospital, on September 20, 1943.

To Capt. Thomas McConnachie, R.C.A.M.C., and Mrs. McConnachie (Janet Macdonald '40), a daughter, at St. Michael's Hospital, on October 11, 1943. "Nancy Catherine".

"David Casey" is the name of the little son of Mr. and Mrs. J. A. Gaffney (Estelle Casey '29), born at St. Joseph's Hospital, North Bay, Ont., October 15th, 1943—a little brother for Kevin.

At St. Michael's Hospital, Toronto, on November 14th, to Mr. and Mrs. Gordon Larson (Mary Zeman '42), a daughter, "Mary Elizabeth".

"Solveig Eleanor" is the name of the little daughter of Mr. and Mrs. John Lome (Dr. Lillian Karmalska), born at Women's College Hospital, on October 5th, 1943.

Mr. and Mrs. W. E. Burke (Dorothea Milligan '40) announce the arrival of their son, "Arthur Bryant", on November 20, 1943.

In New York City, on November 3, 1943, to Mr. and Mrs. Joseph Schneider (Yolanda Thomas '36), a daughter, "Suzanne Marie", a little sister for Joey.

"Suzanne Margaret" is the name of the little daughter of Mr. and Mrs. Victor Agostini (Betty Lee '36), born in Trinidad, B.W.I., on September 2nd, 1943, a little sister for Vere and Victoria.

At St. Michael's Hospital, Friday, December 10th, 1943, to Major J. W. Brennan, R.C.A.M.C., and Mrs. Brennan (Eleanor Metzler '34), a daughter.

Mr. and Mrs. John J. Garramone (Carm Patterson '34) announce the arrival of their daughter, on December 11th, 1943, at St. Joseph's Hospital, Ottawa, Ontario.

Mr. and Mrs. Herbert E. McDonald (Dr. Ida Brill), Teeswater, Ont., announce the birth of their daughter, Elizabeth Ida, on December 18th, 1943, at St. Michael's Hospital.

At St. Mary's Hospital, Montreal, Que., to Mr.

and Mrs. Gerard Drapeau (Louise Boisjoli '40), a son, "Mark".

"Kenneth" is the name of the little son of Mr. and Mrs. Lindsay (Elma Knott '32), born December 27th, 1943.

At St. Michael's Hospital, December 22nd, 1943, to Major and Mrs. C. S. Day, R.C.A.M.C., a son.



Public Health

The Industrial Nurses' Association held an informal dinner on Oct. 22nd at King Edward Hotel. The purpose of this dinner was to offer an opportunity for the newer nurses to become acquainted and exchange ideas, as well as to obtain suggestions for future meetings. 108 nurses attended. Miss Wallace, who has been appointed Consultant for Industrial Nurses, by the Provincial Department of Health, was introduced at this dinner.

A meeting of the Industrial Nurses' Association was held in St. Michael's Nurses' Residence, on Nov. 25th. Mrs. Ignasioff was the guest speaker and addressed the meeting on "Nutrition in Industry".

The next meeting of the Industrial Nurses' Association will be held on January 21, at Toronto Western Hospital.

The University of Toronto School of Nursing is conducting a Refresher Course in Supervision and Administration for Public Health Nurses. This was requested by the Toronto Department of Public Health and consists of half day each week from November to March. There has been a good enrollment.

St. Michael's participated again in the two months post-graduate course in Obstetrics and Paediatrics conducted by the University of Toronto School of Nursing by offering field work for those enrolled. The course lasted from Sept. 15-Nov. 15.



Miss Ruth Doyle gave a miscellaneous shower in honor of Marjorie Linton who was married recently. The graduating class of ('42) from St. Michael's was present.

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OUT-OF-TOWN LETTERS

From: 1975 Alma Rd., Vancouver B.C.

Thanks a million for the copy of "The News" received a while ago—I enjoy it very much and so many times have thought of writing, but being it seems the world's topnotch procrastinator, have never got around to it I am ashamed to say, but I follow the news of all the girls, particularly those in my own year.

I do wish that I could see more of the girls out here—there was a small group of us that used to visit and have tea together, Donna McCaffery, Dorothy Steele (Dr. Dave Steele's wife), Unis Steele McDonald—you know all of them. Majorie McQuarrie and Agnes Brennan visited on their way through—Marjorie was on furlough then and Agnes on her way to California—I enjoy the girls popping up and only wish there were more, so tell any of my classmates or any of the girls who remember me to be sure and look us up if they are out this way. Our phone number is Alma 2070R and will be glad to hear from any of the girls, any time.

I have two kiddies now, Michael Stephen is 1½ years old and a going concern and Barbara Louise born in July—they are real darlings and keep me busy, as you can imagine.

Congratulations again on "The News"—I have the happiest memories of St. Michael's—my best regards to all the Sisters and girls.

MARGUERITE (JEEVES) DOHERTY '38.

HAVE YOU SENT YOUR DONATION FOR THE SCHOLARSHIP FUND?

From: 110 Adie St., Apartment 2, Sudbury, Ont.

Just a line of best wishes—I have two children—Pat and Mike (Irish isn't it?) Pat is a little girl. We are living in Sudbury now and like it here very much. I do miss my profession but use it extensively for it seems to me I'm always bandaging fingers and tending thumbs.

RITA ST. AMANT MOORE '38.

Dear Alumnae:

At least once a year I have contact with you in renewing my fees. You cannot know how those of us who for sometime now have been removed from our Alma Mater enjoy the News. I read each issue several times and enjoy it greatly.

I have had wonderful experience since joining the Navy both professionally and otherwise, have made many friends far and near and value greatly the naval training and experience I have had.

With all good wishes to each and all Alumnae members and may great success attend all your efforts in the New Year.

Sincerely,
Matron R.C.N. Hospital,
H.M.C.S. Stadacona, Halifax, N.S.



Virginia Long '40 has returned from Vancouver and is now engaged in private duty.